

Supported Living in Hilt



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What is Supported Living?

This is where people have their own place to live, with their own tenancy. They may share or they may live on their own.

Hilt supports people with learning difficulties in a very wide variety of places. Here are a few examples:

- We rent a block of 13 flats from a local council and in turn we rent these to people with learning difficulties and to general members of the public
- We support people living in small houses owned by another housing association
- We manage some flats and houses that we then let to people
- We support people who live in their own council flats.

Where does Hilt support people?

We support people in London, currently in Hackney, Islington and Tower Hamlets.

Who can live in Supported Living?

We believe that anyone can live in a supported living scheme so there are no rules about how much support someone needs. It's not something that people have to earn or to prove a degree of independence before they can access it.

What if people have personal care needs?

This isn't a problem. If people need care we can provide this. Hilt is registering as a Domiciliary Care Provider. We have incorporated the Domiciliary Care Standards into our work and welcome regulation in this area.

What support do people get?

Each person has the support that they need. This can vary widely.

- One person is visited once a week, for half an hour. It's all he needs to check that he's okay and to deal with any problems that he's having
- Many people have support to budget, do their shopping, pay their rent and their bills, and deal with any non routine things that have come up during the week
- Some people have live in volunteers. We find these for people and they stay with someone, sharing their flat or their house, for a year. They help people with day to day things like cooking, help the person to stay safe, and help them to do things in the community
- Some people need substantial support, and need staff with them all of the time and need their support to be very structured.

How does this all get paid for?

Where we manage housing, we charge rent that is normally paid through housing benefit. Support is funded through the Supporting People Grant and we have contracts with those boroughs that we work in. Care is charged at an hourly rate and usually paid by Social Services.

How do I find out more about the service?

Contact a Service Manager on 020 8985 5511 x225 or 226 or email info@hilt.org.uk

Hackney Independent Living Team, Richmond House, 1a Westgate Street, London E8 3RL.

Tel: 020 8985 5511 **Fax:** 020 8533 2029 **E-mail:** info@hilt.org.uk **Web:** www.hilt.org.uk

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